Kovler for Kids Program Guide
Kovler for Kids Program Index

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Welcome!

Welcome to the University of Chicago Kovler Diabetes Center and the Kovler for Kids program!
We are honored you have chosen the Kovler Diabetes Center for your child and for your family. At Kovler, our mission is to support children, teens and adults with diabetes and focus on the needs of individuals, families and communities facing the challenges of diabetes every day.

With more than 100 years of rich history in diabetes care and discovery, 150 scientists and clinicians and nearly 30,000 diabetes visits per year for children and adults, Kovler remains the premiere destination in Chicago and the Midwest, and ranks nationally among the finest diabetes and endocrinology programs in the United States.

In addition to our extensive history and vision, we remain committed to customer service and family support. We offer customized care, excellent service and access to the world’s leaders in pediatric diabetes, endocrinology and a variety of other conditions that may affect your child and/or your family.

At Kovler, we recognize the unique impact of diabetes on your child and your family. We are here for you 24 hours a day, 7 days a week.

We are proud of who we are and what we do, but are most proud of the children who lead incredible lives full of hope and inspiration while facing diabetes each day. Thank you for trusting us with your child’s care. This is the beginning of an important journey together.

We welcome you and your loved ones to the Kovler family.

Warmest Regards,

Louis H. Philipson, MD, PhD, FACP
Professor of Medicine and Pediatrics,
Pritzker School of Medicine
Director, University of Chicago Kovler Diabetes Center

Kovler for Kids is unique because we offer:

• A lifespan model of care. Once your child begins his/her journey with us, we will support and care for them as needed for a lifetime… no matter where they are in the world.

• Expertise in pediatric diabetes clinical research, offering clinical trials and the latest in pump and sensor technology.

• Support of psychologists and therapists at no added cost during your visits.

• InTransit, a unique, innovative teen transition program designed specifically for teens with diabetes.

• Opportunities for families to connect online, in person and by phone. We want to help unite children with diabetes and their families so they can grow and learn together!

• A robust diabetes and genetics program—one of the best in the world—designed to understand the unique difference in genetic forms of diabetes and how they may affect you, your child, or your family.

• Integrated, coordinated care with our friends and colleagues in the Transplant Center, Celiac Center and Cystic Fibrosis Program.
100 years of diabetes research and care...

There is a rich, 100-year history of diabetes care and discovery at the University of Chicago. In addition, the Kovler Diabetes Center recently celebrated a milestone anniversary that reminds us of our renewed commitment to customer service, specialized services and innovation.

We are continuing to offer our patients:
• An expansion of both our clinical services and research programs
• Recruiting efforts to retain the top talent along with enhanced diabetes education services
• A volunteer community to help fight diabetes and support the Kovler Diabetes Center’s mission
• Strong leadership that is instrumental in helping build and support the Kovler Diabetes Center… locally, regionally and globally
• Some of the best clinical research programs in the diabetes field

We pursue our mission through the following:
• Diagnosis: Comprehensive, complete and accurate diagnosis, including genetic testing capabilities.
• Treatment: Each treatment plan is highly individualized to meet each patient’s specific needs. We use the most effective and innovative medications and technologies to stabilize blood sugar and minimize long-term complications.
• Complications: Our multidisciplinary approach addresses the many ways that diabetes can affect a person’s physical and emotional well-being.
• Prevention: Preventing diabetes before it begins is the most effective intervention. Research programs at the Kovler Diabetes Center target people at high risk for diabetes, including African-Americans and Hispanics.
• Education: Through one-on-one training and group classes recognized by the American Diabetes Association, we teach our patients about everything from monitoring blood glucose, to healthy eating, to using insulin pumps and glucose meters.

Caring for individuals with diabetes throughout their lifespan—from infants to adults—is our mission at The University of Chicago Kovler Diabetes Center.
**Kovler for Kids** is one of the top structured pediatric diabetes programs in the country, offering support to both parents and children during this critical period of their lives.

**The Benefits of our Kovler for Kids Program Include:**

- Certified Diabetes Educators with special training to work with children, utilizing age-appropriate language and concepts.
- Psychologists who support children and families... at no extra cost.
- Special educational events for children hosted by prominent Chicagoans and athletes.
- A special list of resources and educational tools.
- Sibling education initiatives to assist brothers and/or sisters understand diabetes.
- Innovative approaches to ongoing education through play and technology.
- An opportunity for patients to “graduate” to Kovler’s **InTransit** program for teens and young adults.

**Help for Parents**

When your child is diagnosed with diabetes, the confusion and stress can be overwhelming. Our specialists will answer your questions about your child’s disease and provide you with information on state-of-the-art nutrition management, insulin therapy and more.

We’ll work with you to develop an individualized plan that’s right for your child. We’ll direct you to other community resources, if needed. For example, your child might benefit from a summer camp for children with diabetes, if he or she is old enough.

**Special Events for Kids and Families**

Through events sponsored by the Kovler Diabetes Center, prominent Chicagoans and athletes like Jay Cutler and Nick Leddy meet with children and youths with diabetes, encouraging them to follow their dreams and to manage their diabetes.

Kovler also offers free educational programs, such as the annual **Kovler for Kids** event at the Kohl Children’s Museum each November, to engage children and families in a fun, interactive setting.

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**Kovler’s Diabetes Education Program is certified by the American Diabetes Association, endorsing our high-quality diabetes self-management education.**

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**We encourage you to join our mailing list to stay informed on upcoming events for your child and your family.**

**Simply visit kovlerdiabetescenter.org, provide your email address, and connect with us!**

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773.702.2371 or 800.989.6740  •  kovlerdiabetescenter.org
InTransit
Program Overview

We guide adolescents, teens and young adults with type 1 and type 2 diabetes toward a healthy future

The Kovler Diabetes Center’s InTransit program is a clinical care and education program for adolescents, teens and young adults with diabetes. Our main goal is to empower teens and young adults to manage their diabetes and create a healthy future. It includes pediatric and adult endocrinologists working side-by-side at the Kovler clinic to help patients “transition” their diabetes care and responsibilities from their parents and family to themselves.

What are the benefits of our InTransit program?

• Establishing a partnership with youth who have diabetes, their family or caregiver and their medical team.
• Empowering teens and young adults to learn to live with diabetes on their own.
• A sensitivity to the physical, social, emotional and intellectual developmental stages that are distinctive to this group as they move from pre-adolescence and puberty through their teens and into adulthood.
• Support systems to address every need, from going to college to driving tips.
• The latest treatment technologies to make it as easy as possible to cope with diabetes.

What makes InTransit unique?

• **Comprehensive:** Addressing medical, educational and emotional needs.

• **Multidisciplinary:** Diverse specialists can address related chronic conditions and potential complications of diabetes, from head (neurology) to toe (podiatry), as well as related conditions like celiac disease.

• **Teen-focused:** This program is designed specifically for teens and young adults. We adapt our approach as kids move from adolescence to high school, onto college and independent living.

• **Flexible:** We can work with a patient and his or her family on an ongoing basis at the University of Chicago Medical Center, or we can consult with their local endocrinologist after a one-time consultation.

• **Supportive:** We partner with adolescents, teens, their families or caregivers, as well as local physicians to support the needs of every young person living with diabetes.

What can your teen learn in InTransit?

• How to make the best food choices, including the healthiest options for fast food, snacks and other foods.

• How to properly use glucose monitors, sensors and insulin to control blood sugar levels.

• How to manage blood sugar when in classes, at work or traveling.

• How to “fit in” and stay healthy.

• How to participate in sports, activities and social outings, and still balance blood sugar.

• How to use new technology to make it easier to manage diabetes.

• How alcohol, fast food, smoking or other choices may complicate management.
The Kovler Diabetes Center has the only comprehensive diabetes program in the Midwest to use a family-focused model of care.

Building on family strengths and resources, this model of care enables individual growth addressing the ongoing challenges that children, adults and families face over a lifetime with diabetes.

Our team includes you, your loved ones, doctors, nurses, educators, psychologists and marriage and family therapists.

Together we can ensure that your mind, body and relationships are working in harmony. This way, we can help you reduce the risk of diabetes complications and improve your quality of life at every age and stage.

Beginning with the first visit to the Kovler Diabetes Center, we will introduce you and your loved ones to our diabetes counselors

The purpose is to:
• Develop a comprehensive program of care
• Ensure we meet your specific needs
• Help you live a healthier life by addressing the social, emotional and psychological challenges of diabetes

Life’s stresses can be doubly difficult for individuals with diabetes, as well as for their families. Depression, anxiety and the challenges of diabetes management can occur in families that are overwhelmed. These conditions can increase the need for additional clinical services or interventions that may be preventable with routine behavioral health and wellness services.

We will help you integrate diabetes management into every-day family life... because the most important thing to understand is that you and your family can enjoy an active, healthy lifestyle with diabetes.
Meet the Kovler for Kids Team

Our team of pediatric specialists, led by world-renowned physicians, researchers and educators, is qualified to treat all areas of your child’s diabetes.

Kristen Allen
Diabetes Support Specialist, Kovler Diabetes Center

Kristen is a superb clinic coordinator, assisting individuals and families to schedule appointments and facilitate care. Kristen also fields general questions about the Kovler Diabetes Center and our clinical research initiatives. Her kindness and enthusiasm are a gift to the center and to all those who meet her.

Angela M. Berger, LCSW
Clinical Social Worker

Angela M. Berger has been at the University of Chicago for 14 years. She has worked in various pediatric specialties including Infectious Diseases/HIV program, NICU follow-up clinic and Developmental and Behavioral Pediatrics, where she was most recently managing their Early Intervention program. Currently, Ms. Berger is the multi-specialty social worker in Comer Children’s Hospital, covering Endocrinology patients, as well as nine other sub-specialties, both inpatient and outpatient. She is very excited to be a part of the Kovler Diabetes Center.

Dianne Deplewski, MD
Director of Pediatric Endocrinology Training Program, Assistant Professor of Pediatrics

Dr. Deplewski’s research interests include diabetes, insulin resistance, growth and puberty. She has spent 15 years in clinical service for pediatric patients at medical facilities throughout Chicago, specializing in pediatric endocrinology. She has received many prestigious research grants and has served as a teacher and mentor. She also has published her research in a variety of medical journals, including Endocrinology, Molecular Genetics and Metabolism, the Journal of Biological Chemistry and the Journal of Pediatric Endocrinology and Metabolism.
Meet the Kovler for Kids Team

Tina N. Drossos, PhD
Assistant Professor, Assistant Director of Child and Adolescent Consultation/Liaison Service

Tina N. Drossos, PhD, joined the University of Chicago in August of 2006. Dr. Drossos works with the multi-disciplinary Child and Adolescent Consultation/Liaison service providing comprehensive assessments of psychological concerns in medically ill patients along with psychotherapy and supportive services, for patients who are hospitalized in the Comer Children’s Hospital and for patients presenting to a variety of other subspecialty clinics. In addition, Dr. Drossos works very actively in the general outpatient child psychology program providing psychological therapy services to patients presenting with a wide variety of concerns including coping or adjusting to a chronic health condition, pain management, mood and anxiety disorders, and behavior disorders.

Cathy Eubanks, RN
Clinic Nurse, Endocrinology and Kovler Diabetes Center

As a pediatric nurse in the Kovler Diabetes Center, Cathy welcomes patients and families to their visit, assists with diabetes technology downloads and prescription refills, and supports families throughout their visit. In addition to working primarily with children, adolescents and their parents, Cathy has over 20 years of nursing experience at The University of Chicago Medical Center.

Siri Atma W. Greeley, MD, PhD
Assistant Professor of Pediatrics and Medicine

A pediatric endocrinologist and member of the multidisciplinary patient care and research team in the Kovler Diabetes Center, Siri Atma Greeley, MD, PhD, sees children with any endocrine disorder or concern, specializing in the treatment of infants, children and teens with all types of diabetes. His clinical interests include diabetes in childhood; pediatric endocrinology, including growth, puberty, thyroid and other concerns; genetics of diabetes and obesity and hypoglycemia.

Peggy Hasenauer, MS, RN
Executive Director, Kovler Diabetes Center

As Executive Director of the Kovler Diabetes Center, Peggy coordinates all aspects of the Center’s clinical, research, outreach and educational activities. Peggy is a registered nurse with a master’s degree in health care leadership and management. Her experience in diabetes management, research and education includes management of the kidney/pancreas transplant program and collaboration with Dr. Philipson to establish the first islet cell transplantation program at the University of Chicago Medical Center. She also has significant experience as a diabetes technology consultant, assisting clinicians and individuals with diabetes to manage insulin pump therapy and glucose sensor technology. With her diabetes knowledge and expertise in a variety of clinical, research and management areas, Peggy integrates her clinical experience into her administrative role.

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Elizabeth Littlejohn, MD
Associate Director,
Kovler Diabetes Center,
Assistant Professor of Pediatrics

Dr. Littlejohn specializes in pediatric diabetes and endocrinology, working with patients ranging from newborn to age 20. Also a clinical researcher, she is investigating innovative treatments and more efficient diagnostic tools to improve diabetes care for children and young adults. In the Kovler Diabetes Center, she focuses specifically on expanding pediatric clinical research with the goal to advance clinical care for pediatric diabetes. She has served on a number of committees including the Illinois Department of Public Health Advisory Committee on Metabolic and Genetic Screening.

Susan McLaughlin, RN, BSN, CDE
Registered Nurse and Certified Diabetes Educator
Inpatient Diabetes Educator

As a nurse and Certified Diabetes Educator, Susan coordinates all specialized testing for individuals with diabetes in the Kovler Diabetes Center. These tests may include Glucose Tolerance Testing, Special Insulin Tolerance Testing, and other unique tests required to make a specific diabetes diagnosis. Susan also manages inpatient diabetes education for the Medical Center, partnering with our Endocrinology Consult to educate and manage individuals with diabetes or altered glucose patterns while in the hospital. With more than 25 years of experience as a critical care nurse, Susan has a special place on the Kovler Diabetes Center team.

Amy Hess-Fischl, MS, RD, LDN, BC-ADM, CDE
Registered Dietitian,
Certified Diabetes Educator
Program Coordinator—Teen Transition Program

Amy is an advanced practice dietitian and coordinator for the Kovler Diabetes Center InTransit program, a unique diabetes program for adolescents and teens with diabetes. She speaks internationally on all diabetes topics, especially children and teens with diabetes, insulin pumps and continuous glucose monitors. She is actively involved in the American Diabetes Association, the American Association of Diabetes Educators and the American Dietetic Association.

She was named 2009 “Diabetes Educator of the Year” by the Diabetes Care and Education practice group of the American Dietetic Association and is currently Chair of the ADA's Diabetes Care and Education practice group.

Rochelle Naylor, MD
Instructor of Pediatrics
University of Chicago
Kovler Diabetes Center

Rochelle Naylor, MD, is a Pediatric Endocrinology Fellow at the University of Chicago Medical Center. She co-manages Kovler Diabetes Center's MODY Registry (maturity onset diabetes of the young), a nationwide database of individuals affected by MODY, a rare form of diabetes. The registry is designed to track and study MODY in individuals on a long-term basis, noting symptoms, genetic patterns in families, and optimal therapies for each patient. Dr. Naylor has published research articles in journals ranging from Clinical Endocrinology to the Journal of Diabetes Science and Technology. She also has presented her studies at symposia nationwide.
**Louis H. Philipson, MD, PhD, FACP**  
Professor of Medicine and Pediatrics and Director, University of Chicago Kovler Diabetes Center  

Louis Philipson, MD, PhD, is Director of the Kovler Diabetes Center and Professor of Medicine at the University of Chicago. He is an endocrinologist and a leading world authority on diabetes mellitus. In 2011, he was chosen one of America's Top Doctors by U.S. News & World Report magazine. His research focuses on the biophysical, molecular and genetic aspects of insulin secretion, and the genetics of diabetes.  

Currently President of the Chicago/Northern Illinois board of the American Diabetes Association and also a member of its National Board, he has been an invited speaker and presenter at scientific research conferences and symposia worldwide. Dr. Philipson also is the recipient of numerous awards including ADA Research Awards and the National Disease Research Interchange (NDRI) Outstanding Scientist Award. Most recently he was named the 2011 recipient of the Samuel Eichold II Memorial Award for Contributions in Diabetes by the American College of Physicians.

**Tanesha Pierce, RN**  
Charge Nurse, Endocrinology and Kovler Diabetes Center  

As Charge Nurse for the Adult and Pediatric Endocrinology Clinic and Kovler Diabetes Center, Tanesha has a wealth of nursing and leadership experience. Her multifaceted role includes welcoming families to the Kovler Diabetes Center, assisting with diabetes technology and prescription refills, and supporting families throughout their visit.

**Roy Weiss, MD, PhD**  
Rabbi Esformes Professor of Medicine and Pediatrics; Chief, Section of Adult and Pediatric Endocrinology, Diabetes and Metabolism; Deputy Provost for Research; Executive Vice Chair of Medicine  

Dr. Roy Weiss is an expert in diseases of the thyroid and pituitary disorders — such as Cushing’s disease. Dr. Weiss has described several genetic diseases of the thyroid along with Dr. Samuel Refetoff. Together, they have one of the largest referral centers for genetic thyroid disease in the world. He also has one of the largest programs in the Midwest in the diagnosis and treatment of Cushing’s disease.  

His research centers on the mechanisms of thyroid hormone action at the molecular, physiological, and psychological levels. Dr. Weiss has examined the molecular basis for the syndrome of resistance to thyroid hormone (RTH). He also has several clinical studies evaluating treatment of thyroid disease. Dr. Weiss’ research is supported by funds from the National Institutes of Health (NIH).  

In addition to teaching medical student courses in physiology and pathology, Dr. Weiss has been an invited speaker at national and international conferences. Dr. Weiss recently published a book, *Genetic Diagnosis of Endocrine Disorders* with Samuel Refetoff and he serves on the editorial board of Endocrinology. He has published more than 150 peer-reviewed articles on thyroid disease research and endocrinology.
Meet the Kovler for Kids Team

Julia Socke, RD, LDN, CDE
Registered Dietitian, Certified Diabetes Educator and Outreach Coordinator

Julia is a registered dietitian and certified diabetes educator. Throughout her career, she has worked with patients of all ages with various dietary needs. Areas of focus are diabetes, adult and pediatric weight management, and community nutrition. As a diabetes educator and the outreach coordinator, Julia supports Kovler’s satellite clinics working with both children and adults to effectively manage their diabetes. Additionally, Julia is active in the community through participating in various nutrition and diabetes lectures and events. Julia is a member of both the Chicago Dietetic Association and the American Dietetic Association.

Jeanine Woodall
Clinical Operations Manager
Section of Endocrinology, Diabetes and Metabolism
Department of Medicine

As a natural leader in subspecialty outpatient care, Jeanine is a perfect fit as the Clinical Operations Manager, Endocrinology Clinic and Kovler Diabetes Center. With 20 years of experience as a clinic coordinator and manager, Jeanine manages all operations and supervision in the clinics, ensuring adults, children, families and visitors receive excellent clinical care and outstanding customer service.

Christine Yu, MD
Instructor of Pediatrics

Dr. Yu is a specialist in pediatric endocrinology. She has been widely published in medical journals including *Hormone Research in Pediatrics*, the *Journal of Biological Chemistry*, and the *Journal of Clinical Endocrinology and Metabolism*. Dr. Yu has presented research projects nationwide and also is a widely experienced teacher and lecturer. She was a member of the physician staff, and an attending physician, at the American Diabetes Association Triangle D camp for children with diabetes. She also is the recipient of numerous research grants.
Our Locations

Main Location

The University of Chicago Medicine Kovler Diabetes Center
For Children, Teens and Adults
900 E. 57th Street
8th Floor, Room 8144
Chicago, IL 60637
773.702.2371 or 800.989.6740

Satellite Location

Grand Boulevard Family Health and Access Community Health Network
For Children, Teens and Adults
5401 S. Wentworth Ave.
Chicago, IL 60609
Dr. Christine Yu sees patients at this location.
For detailed driving directions to our main location at the University of Chicago, please refer to the *University of Chicago Community Information and Attractions* section in your packet or visit www.uchicagokidshospital.org.

**University of Chicago Pediatrics in Merrillville, Indiana**

For Children and Teens

8528 Broadway
Merrillville, IN 46410

Dr. Elizabeth Littlejohn and Julia Socke, RN, CDE, see children and teens at this location.

**University of Chicago Pediatrics in Palos Heights**

For Children and Teens

7350 W. College Drive
Palos Heights, IL 60463

Dr. Diane Deplewski and Julia Socke, RN, CDE, see children and teens at this location.
General Information

The University of Chicago Kovler Diabetes Center is one of the world's most respected providers of diabetes care. Our experienced specialists offer the most comprehensive level of diabetes care and education for children, teens and adults.

Our Staff Includes:

- Board-certified Pediatric and Adult Endocrinologists
- Certified Diabetes Educators
- Registered Nurses
- Registered and Licensed Dietitians
- Psychologists and Family Therapists
- Social Workers
- Child Life Specialists

Kovler physicians and staff are committed to providing high-quality, comprehensive health care to our children and families. With compassion and diligence we will work with you to promote wellness in a sensitive and professional environment. You can expect:

- To be able to reach a physician with questions or concerns in a timely manner.
- To be treated with respect and kindness by all staff and physicians.
- To be able to schedule an appointment within an appropriate and reasonable time frame.
- To receive excellent and complete treatment for complex health needs and preventive care.

Office Visits are an Important Part of Diabetes Care

- Please expect to have at least 3 to 4 visits per year with your diabetes educator and/or doctor.
- We also encourage you, your child and your family members to meet with a psychologist or family therapist at least once or twice per year. This can help in many ways—by providing tips on how to explain diabetes to your child or how to get the other siblings involved in healthy meal planning. These visits are part of our family approach to behavioral health and wellness.

Kovler Clinic Address
Duchossois Center for Advanced Medicine (DCAM)
5758 South Maryland Avenue, Suite 5A MC 9015
Chicago, IL 60637

Kovler Main Address
Knapp Center for Biomedical Discovery
900 East 57th Street, Eighth Floor
Chicago, IL 60637

Important Phone Numbers
Main Phone Numbers
773.702.2371 or 800.989.6740

Pharmacy Fax Line
773.834.4633

Jeanine Woodall,
Clinical Operations Manager
773.702.1532

Peggy Hasenauer, MS, RN
Executive Director
773.834.4789

Online and Email
Website
kovlerdiabetescenter.org

Main Email Address
diabetes@uchospitals.edu

Facebook
facebook.com/kovler.diabetes.center

Twitter
twitter.com/uckdc

Blog
kovlerdaily.wordpress.com

YouTube
youtube.com/kovlerdiabetescenter
Laboratory Work is an Essential Measure of Progress
- Once a year, but sometimes more often, we perform laboratory work requiring a blood draw.
- We perform A1c testing in our own clinic at each visit with use of a finger stick, instead of going to the laboratory. These results are available during the clinic visit.

At-Home Care is Vitally Important
- Your diabetes team will tell you how and when to measure your child’s blood glucose levels and ketone levels. These readings will tell you whether your child’s diabetes is under control.
- A good diet and an exercise program will be important components in managing your child’s diabetes. Your diabetes team will give you guidance in these areas.

Important Information

Scheduling Appointments
If you need to see your Endocrinologist, Diabetes Educator or psychologist, please call 773.702.2371.

Your Appointment
- You can expect new visits to be 2–3 hours in length.
- Follow-up visits with your physician and/or educator will be approximately 60 minutes. We will do our best to see you in a timely manner.
- Please arrive 15 minutes prior to your appointment so you can park, check in and get into your physician’s exam room on time.

Please bring the following to your appointment:
- Your insurance card
- A copy of your referral or your referral number
- Current blood sugar logs of your child
- All blood sugar meters the child is currently using
- A list of all medications, or bring the medicine bottles and insulin themselves, including types of insulin and sliding scale
- Emergency supplies, including glucagon kit
- A list of questions you would like to ask members of our team during your visit
- Glucose meter(s), meter or pump download from home if possible, and all pump and continuous glucose monitoring supplies as needed
- We recommend you bring snacks and your diabetes emergency supplies kit as well

If you need to cancel or reschedule your appointment, please call us at least 24 hours before your appointment time.

If you are more than 20 minutes late for your appointment, we may need to reschedule.
Medication Refills

• If you are running out of your medications, don’t forget to ask your physician for refills during your appointment.

• If you need a refill between your appointments, call your pharmacy and ask them to fax a refill request to us at 773.834.4633. This will be sent to your physician to sign and refill. Your pharmacy will let you know if your physician needs to see you before refilling your medication. Please give us 2 business days to complete the process. Medications that require prior authorization by your insurance company may take longer, and approval is not guaranteed.

Obtaining Referrals:
Frequently Asked Questions

The Kovler Diabetes Center believes the best, most cost-effective care for children with diabetes occurs when a primary care doctor or general pediatrician and a specialty care team, like that offered by the Kovler Diabetes Center, work in collaboration with each other. We do ask that, whenever possible, a referral is provided to see our Pediatric Diabetes Care Team.

Do I need a referral at the time I schedule my appointment?
We can schedule your appointment if you can provide us with the name and phone number of your referring physician or a provider currently managing your care.

How do I find out if I need a referral to visit the Kovler Diabetes Center?
Contact the customer service office of your insurance carrier. The telephone number is usually on the back of your insurance card. If you are a member of an HMO, you will likely need a referral.

Can the Kovler Diabetes Center get my referral for me?
You should call your primary care doctor, general pediatrician or insurance company to obtain a formal printed referral, if one is needed.

What if I don’t have a referral?
In some cases, your insurance company may not cover the cost of the services and you may be held responsible for the bill.

How to obtain a referral:
1. Call the office of your child’s primary care doctor, general pediatrician or insurance company and ask to speak with the person who handles referrals.
2. Tell that person the name of the University of Chicago Kovler Diabetes Center doctor and when your appointment is scheduled.
3. Ask for the “referral number” if needed.
4. Ask the primary care office to fax the referral to the Kovler Diabetes Center, attention Kristen Allen, at 773.834.7205.
Patient Satisfaction
You may receive a comprehensive patient satisfaction survey at your home. Your feedback is greatly appreciated and very important as we strive to consistently provide you with EXCELLENT patient care and service. Please know that all comments are CONFIDENTIAL.

Financial Information
At The University of Chicago Medical Center, we understand the complexities of financially planning for your procedure. We have prepared this to assist you in your planning efforts.

When you schedule your procedure, our financial office will begin the process of verifying your insurance coverage. Because insurance plan requirements vary, we strongly encourage you to contact your insurance company so that you have a thorough understanding of what they will pay for the specific health care services you plan to receive. This information is important also to help you estimate and plan for the amount of your personal payment responsibility. Based on your insurance plan, it may be necessary for you to have written prior authorization for your procedure. You may discuss this further by calling your insurance company’s customer service line, often located on the back of your insurance card.

Should you have questions regarding UCMC’s payment policies, contact:
Patient Financial Services at 773.702.3884, Monday–Friday from 8:30 A.M. – 4:30 P.M.
You may also visit www.uchospitals.edu/billing.
Important: Kovler Diabetes Sick Day Guidelines for Your Child!

If your child is sick or his/her blood sugar is over 250, check for ketones.

Checking Ketones: Testing Results and What They Mean

⚠️ Negative or Trace Ketones and High Blood Sugar:
- Give your child’s normal correction dose for high blood sugar
- This also may be 5% of your child’s total daily dose (TDD) of insulin
  - TDD is the total amount of basal insulin and approximate amount of bolus insulin given in a day.
  - For example: TDD = 60 units/day
    60 X 0.05 = 3 units for correction

 завод Positive Ketones and Tolerating Food/Liquids:

- Small ketones: give normal dosage to cover food PLUS 10% of TDD
- Moderate ketones: give normal dosage to cover food PLUS 15% of TDD
- Large ketones: give normal dosage to cover food PLUS 20% of TDD

If blood sugar is over 150
- If blood sugar is under 150
  - Give small sips of fluids containing sugar until sugar is over 150, then give correction dose as instructed above.

✔️ Recheck Ketone Levels every 2–3 hours:
- Small ketones: give an additional 15% of TDD
- Moderate ketones: give an additional 20% of TDD
- Large ketones: give an addition 25% of TDD

⚠️ If ketones are not decreasing after you have given extra insulin twice (even if you have recently talked to someone on the Kovler team), please call us at 773.702.2371, choose option #2, and ask the operator to page #9275.

You may also visit the nearest emergency room.

What are Ketones?

- Ketones are made when the body breaks down fat for energy.
- Ketone levels rise when the body does not have enough carbohydrates or if the body cannot use blood sugar (glucose) correctly.
- This can lead to symptoms like nausea, vomiting, or pain in the abdomen. These symptoms might be a sign of a dangerous problem called diabetic ketoacidosis and must be taken care of immediately.
- Your diabetes care team should have already shown you how to measure your child’s ketone levels in his/her urine or blood.
- Extra insulin and fluids are needed to help make the ketones go away.
- Be sure to encourage plenty of fluids.

If your child is younger than FIVE YEARS OLD or is VERY SENSITIVE TO INSULIN, please call:
773.702.2371, choose option #2, and ask the operator to page #9275.
One of our experts will call you back to provide guidelines.

If your child is vomiting and cannot tolerate foods/liquids, please go to the nearest emergency room.
Current clinical research studies at the Kovler Diabetes Center include:

- TrialNet, a network of diabetes centers dedicated to the study, prevention and early treatment of Type 1 diabetes.

- A clinical research study for kids with Type 2 diabetes to look at the safety and effectiveness of a medication approved by the FDA for treatment of Type 2 diabetes in adults. Participants must be 10–17 years old to potentially qualify.

- Investigators are conducting a research study on closed-loop insulin delivery systems in the Clinical Resource Center. The study is for men and women 18–25 years old with Type 1 diabetes and who are on a continuous subcutaneous insulin pump therapy.

- Investigators are conducting various studies on genetics and diabetes clinical research. Learn more at monogenicdiabetes.org.

To receive up-to-date information on pediatric clinical trials offered by University of Chicago physicians, as well as information on laboratory services and home care, call 773.834.0483.

For more information on Kovler’s pediatric studies, please contact: Nancy Devine at 773.795.4417 or ndevine@pedsbsd.uchicago.edu.
The University of Chicago Kovler Diabetes Center has affiliations throughout the country to provide support to those diagnosed with all forms of diabetes. Local support and volunteer groups play a vital role in our communities by generating awareness for diabetes and providing critical education on diabetes management and prevention, as well as overall health care, nutrition and exercise.

### Partnering Programs and Community Organizations:

**Academy of Nutrition and Dietetics**  
800.877.1600  
www.eatright.org

**Access: Community Health Network**  
1.866.882.2237  
www.accesscommunityhealth.net/

**American Association of Diabetes Educators**  
800.338.3633  
www.diabeteseducator.org

**American Diabetes Association (ADA)**  
1.800.DIABETES  
www.diabetes.org/

**Building a Healthier Chicago**  
312.353.1385  
www.healthierchicago.org/

**Chicago Family Health Center**  
773.768.5000  
www.chicagofamilyhealth.org/

**Children with Diabetes**  
www.cwdfoundation.org

**College Diabetes Network**  
www.collegediabetesnetwork.org

**Consortium to Lower Obesity in Chicago Children (CLOCC)**  
312-573-7764  
www.cloc.net/

**Endocrine Society**  
888.363.6274  
www.endo-society.org

**Friend Family Health Center, Inc.**  
773.702.0660  
www.friendfhc.org/

**Friends United**  
847.831.5558  
www.friends-united.org/

**Friends for the Cure**  
www.friendsforthecure.com

**Illinois Legislative Diabetes Caucus**  
www.ilgadiabetes.com/

**Improving Diabetes Care and Outcomes on the South Side of Chicago**  
773.702.2939  
www.southsidediabetes.com/

**Juvenile Diabetes Research Foundation (JDRF)**  
800.533.CURE (2873)  
www.jdrf.org/

**Let’s Move**  
www.letsmove.gov/

**National Kidney Foundation of Illinois**  
312.321.1500  
www.nkfi.org/

**University of Chicago Celiac Center**  
773.702.7593  
www.cureceliacdisease.org

**University of Chicago Medicine**  
1.888.UCH.0200  
www.uchospitals.edu/  
www.uchicagokidshospital.org

**The Urban Health Initiative**  
773.834.3458  
www.uhi.uchospitals.edu/

**Zellmer Childhood Disease Foundation (ZCDF)/Pumpkins for a Cure**  
www.pumpkinsforacure.org/
The Kovler Diabetes Center is committed to support you throughout your journey with diabetes. A vital source of support also comes from the diabetes community… a community with which you can connect through the various volunteer channels at Kovler. These critical volunteer efforts help Kovler support and educate individuals, families and communities facing the challenges of diabetes and live their best lives.

Here are some ways you can get involved:

• **KovlerKrew!**
  Kovler recently created a new community-based volunteer ambassador group, **KovlerKrew**. **KovlerKrew** provides opportunities for you and your family to work alongside Kovler specialists and channel your interest in improving treatment and knowledge of diabetes. Lend your time and your passion through public awareness activities, educational events and advocacy activities in the greater Chicago area.

• **Kovler Leadership Board**
  The Kovler Diabetes Center Leadership Board promotes the vision and mission of the Kovler Diabetes Center and supports the needs of the physicians who provide clinical care, research, education and outreach. We invite you to learn more about this incredible team.

• **InTransit Program and Ambassadors**
  The transition into diabetes self-management can be a difficult one for teens, and the team at the Kovler Diabetes Center is prepared to address the changing physical development, emotional issues and varied levels of maturity that children experience. **InTransit** is a national model for helping teens and their parents understand how to make this transition smoothly. Complementing our **InTransit** teen program, we have an advisory panel of teens and ambassadors for community-based efforts. Contact us on how to become an InTransit Ambassador.

• **Kovler KidsKrew and Ambassadors**
  Our enhanced diabetes program for children, **Kovler for Kids**, is designed for children ages 0–12 and their families and provides diabetes care, education and support. Our full-circle approach includes a team of pediatric endocrinologists, psychologists, therapists and certified diabetes educators who work with parents, siblings and families to help them understand a child’s needs while encouraging patients to live a full and happy life and effectively manage their diabetes. Kovler has an ambassador group of children who are living with diabetes and represent the “face” of Kovler. Activities include community events such as our signature **Kovler for Kids** event at Kohl Children’s Museum in the fall. Contact us on how to become a Kovler for Kids Ambassador.

There are other ways to get involved at the Kovler Diabetes Center that truly make a difference, including:

• **In-Kind Services** – Kovler could always benefit from in-kind services to escalate our presence in the Chicago community and around the globe. If you have a company that donates services, let us know!

• **Donations** – From raffle items to Jeans Days at your company to Bake Sales, every dollar makes a difference to help fund our research and clinical efforts.

• **Introductions** – If you work for a charitable corporation or are involved with a foundation, Kovler is always looking to expand our presence in the corporate community and to help spread the word about the vital work we are doing.

We are so thrilled you have chosen the Kovler Diabetes Center and look forward to building a strong and meaningful relationship with you and your family.
Kovler Diabetes Center Pediatric Executive Team
From left:
Louis H. Philipson, MD, PhD, FACP
Elizabeth Littlejohn, MD
Roy Weiss, MD, PhD
Christine Yu, MD
Rochelle Naylor, MD
Dianne Deplewski, MD
Not pictured:
Graeme Bell, PhD
Christopher J. Rhodes, PhD
David Ehrmann, MD
Peggy Hasenauer, MS, RN
Anne Leu

Kovler Diabetes Center Leadership Board
From left:
Louis H. Philipson, MD, PhD, FACP
Jay Franke
Sally Kovler
Donald Steiner, MD
Laurie Jaffe
Dirk Degenaars
Peggy Hasenauer, MS, RN
Not pictured:
Khalid Alagel
Mary Jo Basler
Warner Saunders
Lisa Fitzgerald Allegra
Amy Franze

A world-class team of diabetes experts runs the program at Kovler Diabetes Center. Patients benefit from their experience, vision and multidisciplinary management style.

The Kovler Diabetes Center Leadership Board promotes the vision and mission of the Kovler Diabetes Center, as well as the needs of the physicians who provide clinical care, research, education and outreach.
University of Chicago Community Information and Attractions
Airports

Chicago has two major airports
- O’Hare (ORD): located 26 miles from the medical center
- Midway (MDW): located 8 miles from the medical center

Transportation between Hyde Park and O’Hare or Midway Airports is available through scheduled routes of the Omega Airport Shuttle (773.734.6688) and C.W. Limousine Service (773.493.2700).

Taxicabs are also available from the airports to the Medical Center.

Driving Directions From the North

**Kennedy Expressway (I-90) and Edens Expressway (I-94)**
1. Take the Kennedy Expressway (I-90) east, or Edens Expressway (I-94) east, southbound to the Dan Ryan Expressway I-90/94 east.
2. Exit at 55th Street, also called Garfield Boulevard (exit 57B).
3. Turn left (east) onto Garfield Boulevard and continue through Washington Park, following the blue hospital signs.
4. Continue with directions specific to your destination.

**To the Adult Hospitals/Mitchell Hospital, 5815 S. Maryland Avenue**
- Turn left onto 57th Street and drive east for one block.
- Turn right onto Cottage Grove Avenue.
- Turn left onto 59th Street.
- Turn left onto Maryland Avenue.
- Valet parking is available curbside.

**To the Duchossois Center for Advanced Medicine (DCAM), 5758 S. Maryland Avenue**
- Turn left on 57th Street and drive east for three blocks.
- Turn right on Drexel Avenue.
- Turn right onto 58th Street.
- Turn right onto Maryland Avenue.
- The DCAM valet entry is to the left.

**Lake Shore Drive (US-41)**
1. Travel south on Lake Shore Drive to 57th Street.
2. Exit (right) at 57th Street, just before the Museum of Science and Industry.
3. Proceed on 57th Street headed south, around the museum, following the blue hospital signs.
4. Turn right onto Midway Plaisance and continue west to Cottage Grove Avenue.
5. Turn right onto Cottage Grove Avenue and continue with directions specific to your destination.

**To the Adult Hospitals/Mitchell Hospital, 5815 S. Maryland Avenue**
- Continue north on Cottage Grove Avenue for one short block.
- Turn right onto 59th Street.
- Turn left onto Maryland Avenue.
- Valet parking is available curbside.

**To the Duchossois Center for Advanced Medicine (DCAM), 5758 S. Maryland Avenue**
- Continue north on Cottage Grove Avenue for three blocks.
- Turn right onto 57th Street and drive east for two blocks.
- Turn right onto Drexel Avenue.
- Turn right onto 58th Street.
- Turn right onto Maryland Avenue.
- The DCAM valet entry is to the left.
Driving Directions From the South

Bishop Ford Expressway or I-57 to Dan Ryan Expressway
1. Take the Bishop Ford Expressway/I-94 or I-57 northbound to the Dan Ryan Expressway/I-94 west.
2. Continue north on the Dan Ryan Expressway.
3. Exit at 55th Street, also called Garfield Boulevard (exit 57B).
4. Turn right (east) onto Garfield Boulevard and continue through Washington Park, following the blue hospital signs.
5. Continue with directions specific to your destination.

To the Adult Hospitals/Mitchell Hospital, 5815 S. Maryland Avenue
- Turn left onto 57th Street and drive east for one block.
- Turn right on Cottage Grove Avenue.
- Turn left onto 59th Street.
- Turn right onto Maryland Avenue.
- Valet parking is available curbside.

To the Duchossois Center for Advanced Medicine (DCAM), 5758 S. Maryland Avenue
- Turn left onto 57th Street and drive east for three blocks.
- Turn right onto Drexel Avenue.
- Turn right onto 58th Street.
- Turn right onto Maryland Avenue.
- The DCAM valet entry is to the left.

Chicago Skyway (I-90)
1. From the Skyway, exit at Stony Island Avenue.
2. Follow Stony Island Avenue north to Midway Plaisance—which is just after 60th Street.
3. Turn left (west) onto Midway Plaisance and continue west to Cottage Grove Avenue.
4. Turn right onto Cottage Grove Avenue and continue with directions specific to your destination:

To the Adult Hospitals/Mitchell Hospital, 5815 S. Maryland Avenue
- Continue north on Cottage Grove Avenue for one short block.
- Turn right onto 59th Street.
- Turn left onto Maryland Avenue.
- Valet parking is available curbside.

To the Duchossois Center for Advanced Medicine (DCAM), 5758 S. Maryland Avenue
- Continue north on Cottage Grove Avenue for three blocks.
- Turn right onto 57th Street and drive east for two blocks.
- Turn right onto Drexel Avenue.
- Turn right onto 58th Street.
- Turn right onto Maryland Avenue.
- The DCAM valet entry is to the left.

Lake Shore Drive (IL-41)
1. Take Lake Shore Drive north to 57th Street.
2. Exit left (west) at 57th Street and head south, around the Museum of Science and Industry, following the blue hospital signs.
3. Turn right onto Midway Plaisance, and continue west to Cottage Grove Avenue.
4. Turn right onto Cottage Grove Avenue, and continue with directions specific to your destination.

To the Adult Hospitals/Mitchell Hospital, 5815 S. Maryland Avenue
- Continue north on Cottage Grove Avenue for one short block.
- Turn right onto 59th Street.
- Turn left onto Maryland Avenue.
- Valet parking is available curbside.

To the Duchossois Center for Advanced Medicine (DCAM), 5758 S. Maryland Avenue
- Continue north on Cottage Grove Avenue for three blocks.
- Turn right onto 57th Street and drive east for two blocks.
- Turn right onto Drexel Avenue.
- Turn right onto 58th Street.
- Turn right onto Maryland Avenue.
- The DCAM valet entry is to the left.
Transportation and Directions

Driving Directions From the West

Eisenhower Expressway (I-290) to Dan Ryan Expressway
1. Take the Eisenhower Expressway (I-290) east to the Dan Ryan Expressway (I-90/I-94) east.
2. Continue southbound on the Dan Ryan.
3. Exit at 55th Street, also called Garfield Boulevard (exit 57B).
4. Turn left (east) onto Garfield Boulevard and continue through Washington Park, following the blue hospital signs.
5. Continue with directions specific to your location.

To the Adult Hospitals/Mitchell Hospital,
5815 S. Maryland Avenue
– Turn left onto 57th Street and drive east for one block.
– Turn right onto Cottage Grove Avenue.
– Turn left onto 59th Street.
– Turn left onto Maryland Avenue.
– Valet parking is available curbside.

To the Duchossois Center for Advanced Medicine (DCAM), 5758 S. Maryland Avenue:
– Turn left on 57th Street and drive east for three blocks.
– Turn right onto Drexel Avenue.
– Turn right onto 58th Street.
– Turn right onto Maryland Avenue.
– The DCAM valet entry is to the left.

Stevenson Expressway (I-55) to Dan Ryan Expressway
1. Take the Stevenson Expressway (I-55) east to the Dan Ryan Expressway (I-90/I-94) east.
2. Continue southbound on the Dan Ryan.
3. Exit at 55th Street, also called Garfield Boulevard (exit 57B).
4. Turn left (east) onto Garfield Boulevard and continue through Washington Park, following the blue hospital signs.
5. Continue with directions specific to your location.

To the Adult Hospitals/Mitchell Hospital,
5815 S. Maryland Avenue
– Turn left onto 57th Street and drive east for one block.
– Turn right onto Cottage Grove Avenue.
– Turn left onto 59th Street.
– Turn left onto Maryland Avenue.
– Valet parking is available curbside.

To the Duchossois Center for Advanced Medicine (DCAM), 5758 S. Maryland Avenue:
– Turn left on 57th Street and drive east for three blocks.
– Turn right onto Drexel Avenue.
– Turn right onto 58th Street.
– Turn right onto Maryland Avenue.
– The DCAM valet entry is to the left.
Parking
Valet parking is a convenient and inexpensive option if you require parking. It is available in front of the Bernard A. Mitchell Adult Hospital, Comer Children’s Hospital Emergency Room, and the Duchossois Center for Advanced Medicine (DCAM).

If you have any questions regarding parking at the University of Chicago Medical Center, please contact the parking manager at 773.702.4381 Monday through Friday between 7:00 A.M. and 4:30 P.M.

Other Transportation
Train and bus service is available through the Regional Transportation Authority (RTA). The Illinois Central (Metra) train travels from the south suburbs to downtown Chicago, with a stop at 59th Street at the east end of the University of Chicago campus. Buses serve downtown and many nearby neighborhoods.

For travel details, call the CTA at 312.836.7000.

The University of Chicago Medical Center operates a shuttle bus service between the medical center and two downtown train stations weekdays: Union Station and the Chicago and Northwestern Station. The bus departs from the medical center’s Goldblatt Pavilion entrance (59th Street).

Bus
#6 Jeffrey Express: north to downtown (Congress Parkway, Loop/State Street, or Michigan Avenue) or south on Stony Island Avenue. Bus stops along Stony Island.

#1 Indiana/Hyde Park: north to downtown (Union Station) or south on Stony Island Avenue. Bus stops along Stony Island Avenue.

Train
Metra Electric: north to downtown (N. Michigan Avenue at Randolph Street) and Loop or south to Homewood and other south suburbs. Campus stations are at 57th Street or 59th Street and Lake Park Avenue. Amtrak service is available from Union Station (downtown) to many cities.
During treatment, patients and their families may receive a discount at many Chicago hotels. Below is a sample. You can find a complete listing on our hotel page at www.uchospitals.edu/visitor/hotel.

**Price range key:**

- $ Budget
- $$ Mid-range
- $$$ Upscale
- $$$$ Expensive

**Downtown**

**Club Quarters**

75 E. Wacker Drive, Chicago, IL 60601  
Ph: 312.357.6400  
Distance: 9.5 miles, Price range: $$

**Fairfield Inn & Suites by Marriott**

216 E. Ontario Street, Chicago, IL 60611  
Ph: 312.787.3777  
Distance: 9.7 miles, Price range: $$

**Four Points by Sheraton Chicago**

630 N. Rush Street, Chicago, IL 60611  
Ph: 312.981.6600  
Distance: 9.7 miles, Price range: $$

**Homewood Suites by Hilton**

40 E. Grand Avenue, Chicago, IL 60611  
Ph: 312.644.2222  
Distance: 9.9 miles, Price range: $–$$$

**Hyatt Regency Chicago**

151 E. Wacker Drive, Chicago, IL 60601  
Ph: 312.565.1234 or 888.591.1234  
Distance: 9.7 miles, Price range: $$–$$$$

**Hotel Inter-Continental Chicago**

505 N. Michigan Avenue, Chicago, IL 60611  
Ph: 312.944.4100 or 800.628.2112  
Distance: 9.7 miles, Price range: $$$

**The Peninsula**

108 E. Superior Street, Chicago, IL 60611  
Ph: 312.494.9301 or 866.288.8889  
Distance: 9.7 miles, Price range: $$$$
Accommodations

Nearest to University of Chicago Medical Center
Hyatt Regency McCormick Place
2233 S. Martin Luther King Dr. Chicago, IL 60616
Ph: 312.567.1234
Distance: 3.4 miles, Price range: $$

International House (graduate student dorm)
1414 E. 59th Street, Chicago, IL 60637
Ph: 773.753.2270
Distance: 0.8 miles, Price range: $

Quadrangle Club
1155 E. 57th Street, Chicago, IL 60637
Ph: 773.702.7221
Distance: 0.7 miles, Price range: $$

Midway Airport
Holiday Inn Chicago Midway Airport Hotel
6624 S. Cicero Avenue, Chicago, IL 60638
Ph: 708.563.6490 or 800.315.2605
Distance: 8.3 miles, Price range: $–$$

Residence Inn by Marriott–Midway Airport
6638 South Cicero Avenue, Bedford Park, IL 60638
Ph: 708.458.7790 or 888.236.2427
Distance: 8.3 miles, Price range: $$

O’Hare International Airport
DoubleTree Hotel by Hilton Chicago O’Hare Airport
5460 N. River Road, Rosemont, IL 60018
Ph: 847.292.9100 or 800.222.8733
Distance: 23.0 miles, Price range: $$

Embassy Suites Chicago O’Hare-Rosemont
5500 N. River Road, Rosemont, IL 60018
Ph: 847.678.4000 or 800.362.2779
Distance: 23.1 miles, Price range: $$

Ronald McDonald House
The Ronald McDonald House is available on a first-come, first-served basis for families with a child patient under age 19 and who meet the selection criteria. If you are interested, contact the social work office at 773.702.1807.
ATMs
There are ATM machines located in the Bernard A. Mitchell Hospital lobby (second floor), the Goldblatt Pavilion lobby, the Duchossois Center for Advanced Medicine (DCAM) lobby, and the Chicago Comer Children’s Hospital lobby.

Bill Pay
You may pay both your University of Chicago Medical Center and Physicians Group bills by credit card online at www.uchospitals.edu/paybill, in person at the Outpatient Registration Office on the first floor of the Duchossois Center for Advanced Medicine (DCAM), Monday through Friday from 8:00 a.m. to 4:30 p.m., or by mail. For UCMC bill questions call 773.702.6664 and for UCPG bill questions call 773.702.1150.

Bookstore
Barnes and Noble at the University of Chicago Bookstore is located at 970 E. 58th Street. 773.702.8360.

Chaplaincy and Spiritual Care
Chaplains offer spiritual, emotional, and religious support 24 hours a day, seven days a week for patients and family members. Our clinically trained chaplains from a variety of perspectives are available to support both inpatients and outpatients. Devotional material, sacraments, rosaries, electrical Sabbath candles, meditation cushions, and prayer rugs are available upon request. Resources in the local community can be called on to meet further special needs. Call 773.702.6246 for more information.

A chapel is located in Bernard A. Mitchell Hospital (second floor) for patients and visitors. There are two chapels available for families in both areas of the hospital, one is located in Bernard Mitchell and there is another one located in the Comer Children’s Hospital.

Copying, Printing, Faxing, Mailing
The University of Chicago Copy Center is located next to the UC bookstore, outside the hospital’s Ellis Avenue entrance.

Food Services in the Medical Center

**Au Bon Pain**
Mitchell Hospital Lobby
Daily 24 hours

**Chicago Comer Children’s Hospital lobby**
Daily 6:30 A.M. to 8:00 P.M.

**Argo Tea**
1st floor of the Duchossois Center for Advanced Medicine (DCAM)
Monday–Friday 6:00 A.M. to 6:30 P.M.

**Cafeteria**
Basement of Bernard A. Mitchell Hospital, near the “D” elevators
Monday–Friday 6:30 A.M. to 6:30 P.M.
Saturday–Sunday 7:00 A.M. to 2:30 P.M.

**Jazzman Cafe**
Ellis/Surgery Brain Lobby and Knapp Center for Biomedical Discovery
Monday–Friday 7:00 A.M. to 4:00 P.M.

**Vending Locations**
Basement of Billings Hospital in the “S” corridor just east of the “C” elevator and in the basement

**Food Court**
2nd floor of the Duchossois Center for Advanced Medicine (DCAM)
Monday–Friday 7:00 A.M. to 4:30 P.M.
Snacks, beverages, sandwiches, and hot meals

**Patient Meals (inpatient only)**
Most patients receive At Your Request Room Service Dining®, a special food service program that allows patients to order meals from an extensive menu at times when they want to eat.
Gift Shop
A wide selection of notions (including newspapers), snacks, and gift items is available in our gift shop in the Bernard A. Mitchell Hospital lobby. It is open:
Monday–Friday     7:00 A.M. to 9:00 P.M.
Saturday–Sunday    8:00 A.M. to 9:00 P.M.

Delivery to patient rooms is available for minimum dollar purchases. If you would like to send a gift from the Mitchell lobby gift shop, please call 773.834.1360, Monday through Friday 7:00 A.M. to 9:00 P.M., Saturday and Sunday 8:00 A.M. to 9:00 P.M. The gift shop accepts MasterCard, Visa and American Express for phone transactions. Callers must have all patient information, including first and last name and room number, before an order can be placed.

Patients in the Intensive Care Unit (ICU) and those with conditions that increase their risk of infection may not receive live flowers or plants.

Information Desks
Our staff can provide wheelchairs, directions to clinical areas and other assistance in each of the medical center lobbies.

Interpreters
The University of Chicago Medical Center is committed to providing interpreters at no charge for any patients who are not fluent in English or need American Sign Language translation services. To arrange for an interpreter in advance, please call Patient Special Services at 773.702.6000 or Social Services at 773.702.1807. Or when you arrive, let a member of your healthcare team know you need an interpreter.

Mail
Mail or gifts to pediatric patients should be addressed to:
Patient’s first and last name
(patient room number)
University of Chicago Comer Children’s Hospital
5721 S. Maryland Avenue
Chicago, IL 60637-1470

Notary Public
A notary public is available on a limited basis. Contact Admitting at 773.702.6233 for information.

Patient Garden
The Patient Garden is an open air space located in the Wyler Courtyard and is open to patients and visitors, weather permitting.
Pharmacy
The pharmacy is located in the Duchossois Center for Advanced Medicine (DCAM) on the first floor near the gift shop. Hours are 9:00 A.M. to 5:30 P.M., Monday through Friday. The phone number is 773.834.7002. There is also a Walgreens pharmacy on Lake Park Avenue at 55th Street that is open 24 hours. The phone number is 773.667.1177.

Recreation/Fitness
Ratner Athletic Center, 5530 S. Ellis Avenue. Daily guest passes are available for $10. Please contact the On-Site Recreational Manager to arrange at 773.702.7684 or visit the website at www.athletics.uchicago.edu.

Social Work Services
Our social workers provide support for you and your family, helping you to access information and resources during your hospital stay and outpatient treatment. On-Site Licensed Clinical Professional Social Workers are also available to assist with family needs and can be reached at 773.702.1807, or call the Hospital Operator at 773.702.1000, Option ‘0’, and have the Social Worker on-call paged if you need immediate assistance.

Telephones
Calls within Chicago and nearby suburbs are free. For details on making an outside phone call, see the information on the patient’s bedside telephone. For all other calls, please purchase a debit card from machines located in the second floor lobby of Bernard A. Mitchell Hospital or in the first floor lobby of the University of Chicago Comer Children’s Hospital.
The University of Chicago Medical Center is located in Chicago's historic Hyde Park neighborhood, an area that's home to an abundance of cultural and educational attractions. During the academic year, approximately 23,000 University of Chicago students, faculty, and staff are on campus each day. Many of these people not only work or go to school in Hyde Park, they live here too. For more information, visit the City of Chicago's official tourism site at www.explorechicago.org.

**Museum of Science and Industry**  
5700 S. Lake Shore Drive  
Ph: 773.684.1414  
Distance: 1.6 miles  
www.msichicago.org  
Landmark science museum

**DuSable Museum of African-American History**  
740 E. 56th Place  
Ph: 773.947.0600  
Distance: 0.5 miles  
www.dusablémuseum.org  
Museum devoted to the historical achievements and experiences of African-Americans

**David and Alfred Smart Museum of Art**  
5550 S. Greenwood Avenue  
Ph: 773.702.0200  
Distance: 1.1 miles  
www.smartmuseum.uchicago.edu  
Collection that spans five centuries of fine art

**The Oriental Institute**  
1155 E. 58th Street  
Ph: 773.702.9514  
Distance: 0.6 miles  
www.oi.uchicago.edu  
World-famous collection of antiquities

**The Renaissance Society**  
5811 S. Ellis Avenue, Bergman Gallery,  
Cobb Hall 418  
Ph: 773.702.8670  
Distance: 0.4 miles  
www.renaissancesociety.org  
Nationally renowned contemporary art

**The Osaka Garden**  
Japanese-inspired garden in Jackson Park

**University of Chicago Presents**  
5720 S. Woodlawn Avenue  
Ph: 773.702.8068  
Distance: 0.7 miles  
www.chicagopresents.uchicago.edu  
Chamber music performed by artists from around the world

**Rockefeller Chapel Events**  
5850 S. Woodlawn Avenue  
Ph: 773.702.2100  
Distance: 0.6 miles  
www.rockefeller.uchicago.edu  
Venue for concerts, theater, lectures by internationally known speakers

**Hyde Park Art Center and Horwich Gallery**  
5020 S. Cornell Avenue  
Ph: 773.324.5520  
Distance: 2.5 miles  
www.hydeparkart.org  
Showcases work by Chicago area artists and offers hands-on classes for artists of all ages

**The Court Theatre**  
5535 S. Ellis Avenue  
Ph: 773.753.4472  
Distance: 0.7 miles  
www.courttheatre.org  
Acclaimed professional theater featuring classical plays and musical theater productions

**DOC Films**  
Ida Noyes Hall, 1212 East 59th Street  
Ph: 773.702.8575  
Distance: 0.5 miles  
www.docfilms.uchicago.edu/dev  
On-campus movie theater

**The Frank Lloyd Wright/Frederick C. Robie House**  
5757 S. Woodlawn Avenue  
Distance: 0.7 miles  
Ph: 312.994.4000  
Prairie-style home designed by Wright
Dining commons are located in Bartlett Hall, Burton-Judson Courts and Pierce Tower. Bartlett Hall, the newest, was the gym when Chicago was a dominant Big Ten college football power (and when it was not) and is now an airy, bright dining hall. Burton-Judson and Pierce dining halls remain popular for all you-can-eat dining with plenty of variety. The Pierce “Wok” and BJ’s pizza are traditional favorites.

1313 Cafe
1313 E. 60th Street, basement
Pastries, soups, salads, sandwiches

Ex Libris
Regenstein Library, A-level, 1100 E. 57th Street
Drinks, vending machines, food from local restaurants

ABA Cafe
1155 E. 60th Street, 2nd floor
Soup, sandwiches, muffins, grill

Gargoyle Cafe
Stuart Hall, basement, 5835 S. Greenwood Avenue
Deli sandwiches

Barnes & Noble Cafe
University Bookstore, 970 E. 58th Street
Starbucks coffee, drinks, pastries, soup, box lunches

Hallowed Grounds
Reynolds Club, 2nd floor, 5640 S. University Avenue
Snack bar and coffee shop with box lunches

Bio Cafe
Biological Sciences Learning Center, 2nd floor
Sandwiches, salads, breads, and pastries

Hutchinson Commons
Reynolds Club, 1st floor, 5640 S. University Avenue
Subway, ribs, sushi, sandwiches, salads, baked goods

Classics Cafe
Classics, 2nd floor
Coffee, pastries, soups, sandwiches, salads

Law School Cafe
Law School, Green Lounge, 1111 E. 60th Street
Sandwiches, paninis, food from local restaurants

Cobb Coffee Shop
Cobb Hall, basement
Pizza, coffee, tea, food from local restaurants

Maroon Market (a.k.a. Bart Mart)
Bartlett, 1st floor, 5640 S. University Avenue
Convenience store

C-Shop
Reynolds Club, 1st floor, 5640 S. University Avenue
Bagels, sandwiches, salads, soups, fruit, pastries, coffee

Midway Gardens Cafe
Press Building, 1st floor, 1427 E. 60th Street
Sandwiches, hot dogs, pastries, coffee

Divinity School Coffee Shop
Swift Hall, basement, 1025 E. 58th Street
Coffee, donuts, vegetarian and ethnic entrees

Sam & Elaine’s Cafe
Gordon Center for Integrative Science, 3rd floor
5801 South Ellis Avenue
Sandwiches, panini, soup, salad, pizza, pasta

Everett Kovler Cafe
Graduate School of Business, 5807 S. Woodlawn Ave.
Soups, sandwiches, salad, pizza, pasta, ethnic entrees, sushi, espresso bar

SSA Cafe
Social Service Admin, 1st floor, 969 E. 60th Street
Coffee, pastries, sandwiches, salads, soups
The University of Chicago Visitor's Map

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What do you think of this map? Send comments to: mapfeedback@uchicago.edu

773.702.2371 or 800.989.6740 • kovlerdiabetescenter.org